





Cleveland Coureurs/VTTA (North) Open 10mile Time Trial

To be held on Sunday 2 July 2023, promoted for and on behalf of Cycling Time Trials under their Rules & Regulations.

Organiser: Gavin Russell, 2, Antrim Ave, Fairfield, Stockton-on-Tees, TS19 7JF Tel: 01642 654419. Mob (on day only): 07543546815. Email: gavin_russell@hotmail.co.uk

Timekeepers: Mr Don Urwin & Mr David Oliver Handicapper: Mr Gavin Russell

Headquarters: Crathorne Reading Rooms. Unfortunately, there is no parking available at the HQ. Please do not park in Crathorne Village as it causes obstruction for large heavy agricultural vehicles. For parking, please use the lane leading to the Rountons over the A19, but park on the west side of bridge, or alternatively on the west side of the road leading to the start from Crathorne.

If you feel unwell on the day or days leading up to the event, please do not travel to the event, please stay at home. Below is a reminder of some basic CTT regulations:

- i) All numbers are available at the Event Headquarters. All riders will be required to sign in, when collecting their number. A notice will be on display, adjacent to the signing on sheet, identifying any significant risks that may have been identified on the day of the event, which may affect the rider's or official's safety.
- ii) Each rider must sign out at the completion of their ride, when returning their number. Failure to sign out will result in a DNF being recorded in the results.
- iii) If a dope control has been established for the event, notices will be displayed local to the signing on sheet, indicating the numbers of the riders to be tested. It is the rider's responsibility to check whether his number is listed, as failure to report to the control in a reasonable time could result in an adverse finding being recorded against a competitor, with the consequence of a ban being issued.
- iv) No cars other than the Event Officials are to be parked at the start or finish
- v) No U turns are to be undertaken within sight of the start or finish.
- vi) Riders are not to warm up on any part of the course, whilst the event is being held.
- vii) Hard shell helmet use is now mandatory for all competitors.
- viii) A working front & red rear light must be affixed to a competitor's cycle at the start.

 No lights = No Ride. We do have some spare lights that may be borrowed, should you forget yours. These will be available at the sign on &/or at the start.

After returning to the HQ, you are invited to share a cuppa & cake/biscuits with your fellow competitors, whilst viewing the result board.

<u>Course:</u> T102: Start at grating on east side of old A19, 40 yds north of post at gateway, approx 350 yds south of Crathorne village. Proceed south to join A19 southbound. Continue to Cleveland Tontine Hotel (4.98 mls) and turn sharp left and left again (care) onto A172 Stokesley road, continuing over bridge to join A19 Northbound (5.704 mls). Proceed north on A19 to finish at 3rd grating from north end of lay-by on A19, approx 0.75 mls south of Crathorne/Picton Road Bridge over A19. (10.00 mls).

<u>Awards</u>: In an initiative to try and address the cost-of-living crisis, including the rising costs of time trialing, with a reduced entry fee, there are no prizes awarded by the organizer for this event.

Results: All results will be posted onto the Cycling Time Trials website and the Teesside District website – teessidectt.org.uk and also on the Teesside Cycling Time Trials Facebook page. (Cycling Time Trials - Teesside). An email will be sent to all riders after the event with the link to the "proper" VTTA finish sheet.

Note- First Rider Off at 09.01 Hrs

<u>No</u>	First Name	<u>Surname</u>	Club/Team/Association	Gender	Age	Category	<u>VTTA</u>
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) (TT 0 (N 1 1 1)			n::	Adjustment
1	Paul	Dawson	VTTA (North)	Male	62	TT Bike	02:00
2	Sue	McFarlane	Army Cycling	Female	43	TT Bike	02:37
3	George	Young	Clifton CC York	Male	72	TT Bike	03:36
4	Trevor	Jones	Hartlepool CC	Male	65	TT Bike	
5	<u>Dave</u>	Robinson	Tyneside Vag'bonds CC	Male	62	TT Bike	02:00
6	Steven	Fullerton	Darlington Cycling Club	Male	55	TT Bike	01:12
7	Steven	Robinson	Stockton Wheelers CC	Male	43	TT Bike	
8	Paul	Brierley	Huddersfield RC	Male	56	TT Bike	01:18
9	Peter	Macklam	Yorkshire Road Club	Male	80	TT Bike	05:33
10	Gray	Walker	VTTA (North)	Male	52	TT Bike	00:55
11	Josef	Murray	AIMS Cycling	Male	27	R/ Bike	
12	David	Nichol	Ferryhill Whs	Male	71	TT Bike	03:24
13	Caroline	Wallace	Moonglu CC	Female	52	TT Bike	03:29
14	Steven	Homer	Houghton CC	Male	68	TT Bike	02:52
15	Darren	Yarwood	ADDFORM Vive Le Velo	Male	49	TT Bike	00:40
16	Lee	Morley	Hartlepool CC	Male	52	TT Bike	00:55
17	David	Taylor	Huddersfield RC	Male	67	TT Bike	02:43
18	Richie	Grant	Hartlepool CC	Male	57	TT Bike	01:24
19	Andrew	Vaughan	City RC (Hull)	Male	57	TT Bike	01:24
20	Paul	Newman	Richmond CC	Male	56	TT Bike	01:18
21	Terry	Parvin	Ferryhill Whs	Male	63	TT Bike	02:08
22	Stephen	Boxall	Houghton CC	Male	42	TT Bike	
23	Sarah	Foulds	Velo Culture	Female	42	TT Bike	02:37
24	Mike	Cole	Huddersfield RC	Male	78	TT Bike	04:59
25	John	Hewison	Zurbaran Racing	Male	45	TT Bike	
26	Mark	Burtonshaw	Harrogate Nova CC	Male	64	TT Bike	02:16
27	Alan	Chalmers	Valley Striders CC	Male	71	TT Bike	03:24
28	Caroline	Ratcliff	Ferryhill Whs	Female	58	TT Bike	04:09
29	Mike	Jefferies	Cleveland Wheelers CC	Male	41	R/ Bike	00:04
30	Russ	Richardson	Zurbaran Racing	Male	66	TT Bike	02:33
31	Andy	Wond	Sowerby Sunday Club	Male	61	TT Bike	01:52
32	Alex	Ingham	AIMS Cycling	Male	49	TT Bike	
33	Andy	Delaney	Northumbria Police C.C.	Male	54	TT Bike	01:06
34	Chris	Scaife	Zurbaran Racing	Male	54	TT Bike	
35	Phillip	Tyas	Barnsley Road Club	Male	41	TT Bike	00:04
36	Christopher	Green	Drighlington BC	Male	63	TT Bike	02:08
37	Paul	Tyler	Ferryhill Whs	Male	65	TT Bike	02:24
38	lan	Hutchinson	Cleveland Wheelers CC	Male	67	TT Bike	02:43

39	John Eric	Potter	VTTA (Yorkshire)	Male	69	TT Bike	03:02
40	Matt	Hill	Zurbaran Racing	Male	62	TT Bike	
41	James	Meadows	Cleveland Wheelers CC	Male	34	TT Bike	
42	Mark	<u>Brownless</u>	Darlington CC	Male	51	TT Bike	00:50
43	Mike	Dalton	Stockton Wheelers CC	Male	42	TT Bike	00:08
44	David	Wright	Cheshire Roads Club	Male	69	TT Bike	03:02
45	Ray	Hall	Adept Cycling	Male	62	TT Bike	02:00
46	Shaun	Wakes	Ferryhill Whs	Male	55	TT Bike	01:12
47	Sam	Leng	AIMS Cycling	Male	32	TT Bike	
48	Mark	Campbell	Fietsen Tempo	Male	57	TT Bike	
49	Kevin	Hall	Protech Velo	Male	52	TT Bike	
50	Jack	Rees	HUUB WattShop	Male	34	TT Bike	
51	Mark	Wolstenholme	VTTA (Yorkshire)	Male	45	TT Bike	00:21
52	Marcel	Schubert	Darlington CC	Male	41	TT Bike	00:04

North Group Handicap Competition

No	N	ame	Club/Team Association	H/c
1	Paul	Dawson	VTTA (North)	07:30
5	Dave	Robinson	Tyneside Vag'bonds CC	04:00
10	Gray	Walker	VTTA (North)	02:30
12	David	Nichol	Ferryhill Whs	05:00
13	Caroline	Wallace	Moonglu CC	07:00
14	Steven	Homer	Houghton CC	10:00
16	Lee	Morley	Hartlepool CC	04:00
18	Richie	Grant	Hartlepool CC	06:30
20	Paul	Newman	Richmond CC	02:00
23	Sarah	Foulds	Velo Culture	06:30
28	Caroline	Ratcliff	Ferryhill Whs	06:30
29	Mike	Jefferies	Cleveland Wheelers CC	07:30
30	Russ	Richardson	Zurbaran Racing	02:00
33	Andy	Delaney	Northumbria Police C.C.	06:30
37	Paul	Tyler	Ferryhill Whs	04:30
38	lan	Hutchinson	Cleveland Wheelers CC	06:00
42	Mark	Brownless	Darlington CC	05:00
43	Mike	Dalton	Stockton Wheelers CC	03:30
45	Ray	Hall	Adept Cycling	01:45
46	Shaun	Wakes	Ferryhill Whs	03:00
52	Marcel	Schubert	Darlington CC	SCR

If anyone has joined the VTTA since receiving this start sheet, can they please inform organizer, so they can be allocated the age related adjustment



2021 Teesside District Road Bike Specification

To compete in the 2021 road bike category in any of the Teesside District open event, the following specification is appropriate to the conditions of inclusion:

The Rider:

- 1. No time trial style pointy helmets (including Kask Bambino), or helmets with built in visors are to be worn.
- 2. Use of skinsuit is permitted
- 3. No riding with elbows or forearms on the handlebars (known as "puppy paws"). If witnessed, the competitor may be disqualified.

The Machine:

- 1. The frame should be constructed in the traditional pattern, i.e. built around a main triangle. Multi geared bikes as well as fixed wheel machines are permitted.
- No time trial style or triathlon forward extension bars with or without elbow pads will be used.
- 3. Wheels should be of a spoked construction, with a minimum of 12 spokes and a maximum depth of 90mm.

Please apply the spirit of the road bike competition in your equipment choice. Non-compliance with any of the above (albeit for point 3 in rider section) will result in the competitor being excluded from the road bike category.

The Organizer would very much like to thank those who have assisted in making this event possible and to those competitors who continue to support the time trials on Teesside.

Gavin Russell Event Organizer